

Question #	Question	Answer
Q-347	What is integrated pest management (IPM)?	Integrated pest management is a sustainable approach to pest control that uses a combination of biological, cultural, physical, and chemical control methods.
Q-349	What are some examples of biological control in IPM?	Biological control in IPM involves using natural predators, parasites, or pathogens to control pests, such as releasing ladybugs to eat aphids.
Q-350	How can IPM benefit both farmers and the environment?	IPM can reduce the costs of pest management for farmers, protect beneficial insects, and minimize the negative impact of pesticides on the environment.
Q-363	What are some examples of natural predators used in integrated pest management?	Ladybugs, lacewings, predatory mites, and nematodes are examples of natural predators used in IPM.
Q-364	Can IPM be applied on a small scale, like in home gardens?	Yes, IPM principles can be adapted for use in home gardens and small-scale farming to reduce reliance on chemical pesticides.
Q-379	What are some of the challenges in implementing integrated pest management?	Challenges include the need for education and training, initial costs of implementation, and resistance to adopting new practices.
Q-397	Can integrated pest management reduce the development of pesticide resistance in pests?	Yes, rotating pest control methods in IPM can slow the development of pesticide resistance in pest populations.
Q-400	What are the challenges in implementing integrated pest management on a large-scale agricultural operation?	Large-scale agricultural operations may face difficulties in coordinating diverse pest control strategies and monitoring pest populations effectively.
Q-548	How can we ensure that small-scale farmers have food sovereignty?	Supporting policies that protect the rights of small-scale farmers, investing in sustainable agriculture, and promoting fair trade practices can help ensure their food sovereignty.
Q-549	What are the challenges faced by urban farmers?	Urban farmers often face issues related to land access, zoning regulations, and obtaining resources and funding for their projects.
Q-614	What is the role of farmers' markets in advancing food justice?	Farmers' markets can contribute to food justice by providing direct access to fresh and locally grown produce and supporting small-scale farmers.
Q-700	What is the role of food justice in promoting traditional food preparation equipment and utensils?	Food justice can support the preservation of traditional food preparation equipment and utensils, preserving cultural practices and knowledge.
Q-720	What is the role of food justice in promoting traditional food cooking equipment and utensils?	Food justice can support the preservation of traditional food cooking equipment and utensils, preserving cultural practices and knowledge.
Q-753	How do I prevent pests and diseases in container gardening?	Inspect your plants regularly for signs of pests or diseases and take prompt action if you notice any issues. Use natural pest control methods whenever possible.
Q-769	What is the best way to protect my container plants from pests?	Encourage natural predators like ladybugs and use organic pest control methods like neem oil or diatomaceous earth.
Q-801	What are some natural ways to deter pests from container gardens?	→ Plant companion plants that repel pests, like marigolds to deter aphids or garlic to keep away insects.
Q-817	How do I deal with pests like aphids and spider mites in container gardens?	Use insecticidal soap or neem oil, or introduce natural predators like ladybugs to control pest populations.
Q-831	How do I ensure my container garden remains pest-free without using chemicals?	Regularly inspect your plants for signs of pests and manually remove any you find. Encourage beneficial insects to help control pest populations.
Q-1050	What are the economic challenges faced by urban farmers?	Urban farmers often face higher land and operating costs, limited market access, and competition with cheaper rural produce.
Q-1108	What are the social and cultural benefits of farmers' markets in urban areas?	Farmers' markets create social hubs, foster community interaction, and provide opportunities for local entrepreneurs to sell their products.
Q-1168	What are some challenges faced by urban farmers in securing land for agricultural use?	Challenges include high land costs, competition for land use, and navigating complex land-use regulations.